

Thanksgiving is when you thank God for what he has done for us.

Read 1 Chronicles 29:13. Now write a sentence thanking God for something He's done. _____

Supplication is when you ask God to give you what you need.

Read verses 11 and 13. Now write a sentence asking God for something you need. _____

Write your answers to each step together below. Then try praying it to God! Remember: don't pray just so people can hear you and longer doesn't mean better.

Amen!

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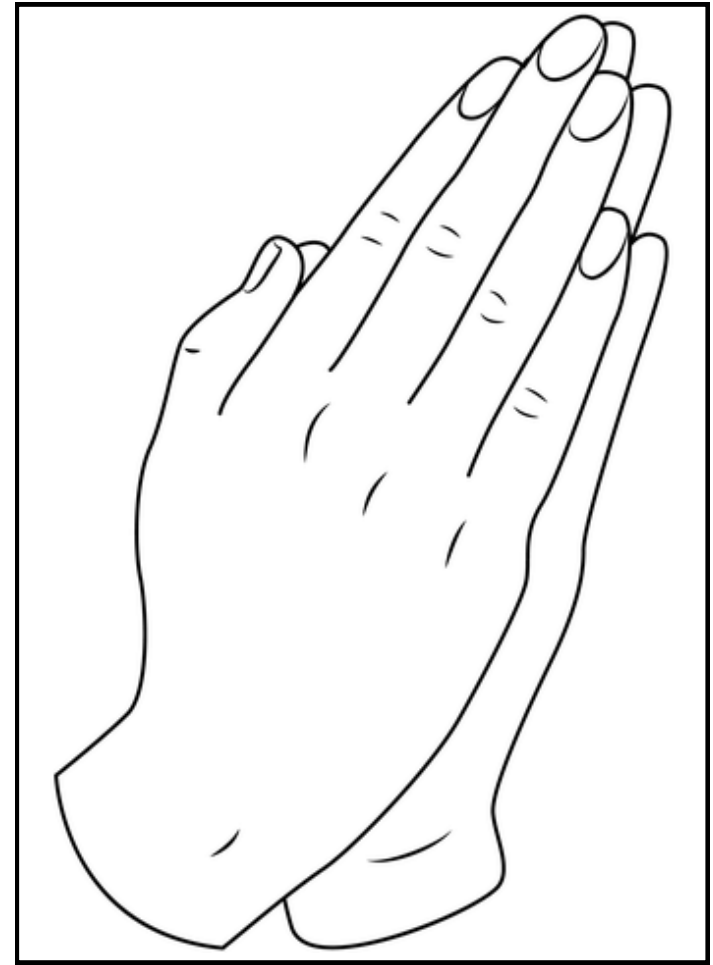
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O **Our**



“Our father in heaven may your name be [honored].”

Matthew 6:9

"Our father in heaven may your name be [honored]."

Instructions: Read the story, then go back and reread the story and answer the questions.

Matthew 5:1-2; 6:5-13 NLT

Sometimes people do good things for the wrong reasons. In Jesus' time if you prayed long prayers with fancy words people will think "Wow that person must be great! Look how they pray!" But prayers aren't for making you popular, it is to **TALK TO GOD.**

The Bible says: ¹One day as he saw the crowds gathering, Jesus went up on the mountainside and sat down. His disciples gathered around him, ² and he began to teach them.

Matthew 5:1-2 NLT

⁵ "When you pray, don't be like the hypocrites who love to pray publicly **(?1)** on street corners and in the synagogues where everyone can see them. **(?2)** I tell you the truth, that is all the reward they will ever get. ⁶ But when you pray, go away by yourself, shut the door behind you, and pray to your Father in private. Then your Father, who sees everything, will reward you. ⁷ "When you pray, don't babble on and on as the Gentiles do. **(?3)** They think their prayers are answered merely by repeating their words again and again. **(?4)** ⁸ Don't be like them, for your Father knows exactly what you need even before you ask him!

⁹ Pray like this:

Our Father in heaven, may your name be kept holy.

¹⁰ May your Kingdom come soon. May your will be done on earth, as it is in heaven.

¹¹ Give us today the food we need,

¹² and forgive us our sins, as we have forgiven those who sin against us.

¹³ And don't let us [give in] to temptation, but rescue us from the evil one.

Matthew 6:5-13 NLT

QUESTIONS

1. Jesus told us not to do what like the hypocrites?

2. Why did the hypocrites like to pray this way?

3. Jesus told us not to do what like the gentiles?

4. Why did the Gentiles pray this way?

There are many places in the Bible that teach us how to pray. We can remember how using the word **ACTS**. Each letter stands for a step. Let's break it down!

APPLICATION

Adoration-Confession-Thanksgiving-Supplication

Adoration is when you praise God for who He is and what He's done.

Read verse 9 and 10. Now try to write a sentence praising God. _____

Confession is when you admit the wrong things you have done and ask for forgiveness.

Read verse 12. Now write a sentence asking for forgiveness from God. _____