

APPLICATION

God gives us His Holy Spirit to help us make good choices, even when it's hard. When we *walk in God's ways*, we grow the Fruit of the Spirit and become more like Jesus.

Can you remember a time this week when you had to choose between what *you* wanted to do and what *God* would want you to do?

What helped you make the right choice—or what might help you next time?

Which fruit do you think God is helping you show right now? (Love, Joy, Peace, Patience, Kindness, Goodness, Faithfulness, Gentleness, Self-control)

Let's pray

Dear God,

Thank You for giving me Your Holy Spirit to help me make good choices. Please help me grow the Fruit of the Spirit in my heart.

When I feel like going my own way, remind me to walk in Yours. I want to follow You and become more like Jesus.

In Jesus' name Amen.

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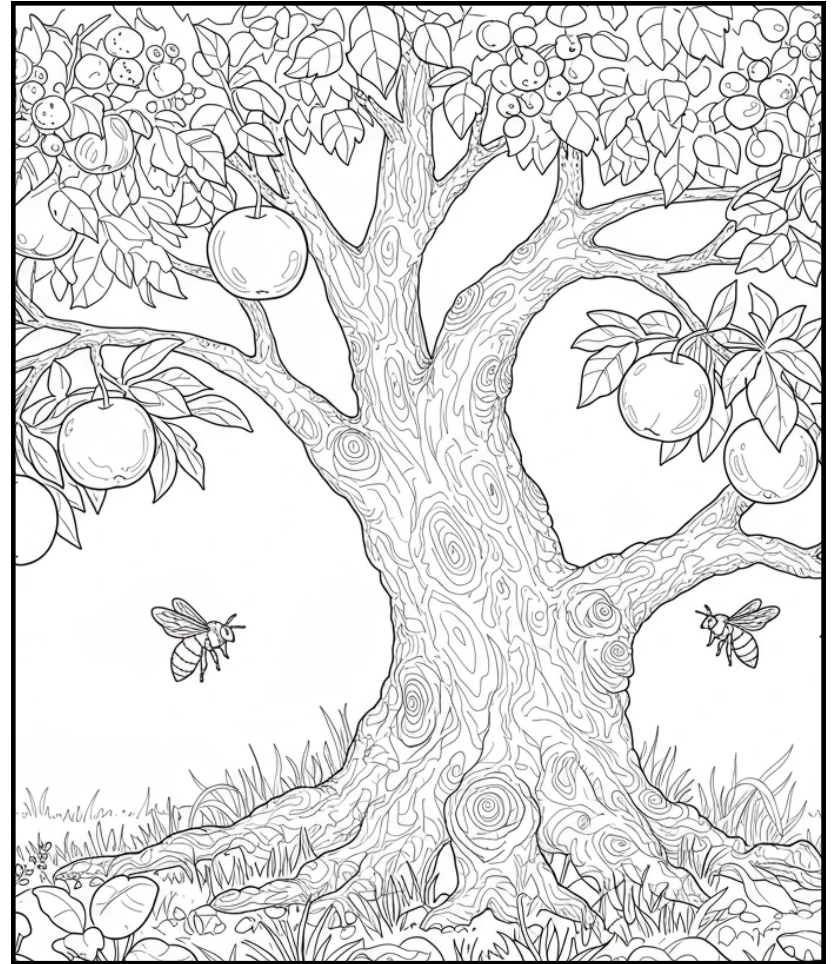
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W Walk



“...*walk* in God's ways”
Isaiah 35:8 NLT

“...walk in God’s ways”

Instructions: Read the story, then go back and reread the story and answer the questions.

Galatians 5:16-23 NLT

Imagine God's Holy Spirit living inside you, like a wise, kind friend helping you make good choices. Sometimes, we also have our own "want-to-do-bad-things" feelings (the flesh) that pull us in a different direction. It's like a tug-of-war!

The Bible tells us that if we choose to '**walk by the Spirit,**' meaning we listen to God's good voice and let Him lead us, then amazing things happen. As we '**...walk in God's ways**' following His good path, God's Spirit grows special "fruits" inside us.

These are the **Fruit of the Spirit** from **Galatians 5:22-23**:

²²**Love:** It means caring deeply for God and others, like giving a hug or helping a friend.

Joy: This is a deep happiness, even when things are tough, because God is with you.

Peace: Feeling calm and quiet inside, knowing God is in control, even in loud moments.

Patience: Waiting without getting grumpy, or staying calm when things are slow.

Kindness: Being nice and thoughtful to everyone, doing helpful things.

Goodness: Always trying to do what is right and good.

Faithfulness: Being someone others can trust, always keeping your promises.

²³**Gentleness:** Being soft and kind with your words and actions, not rough or mean.

Self-control: Being able to choose what is right, even if you want to do something else.

Why are these fruits important? Because when these good fruits grow in your life, you are truly walking on God's good path. You become more like Jesus, showing His love to the world. It helps you make wise choices, feel good inside, and live a life that makes God happy!

ACTIVITY

Tug-of-War Choices!

Directions: Draw a line from each situation to the choice that shows you are **walking by the Spirit**. Then **circle** the fruit (like love, joy, peace...) that is being shown in that good choice!

Situation	Which one is walking by the Spirit?
A friend wins a game you really wanted to win.	a) Say “Good job!” b) Get mad and walk away
Someone at school is left out.	a) Invite them to join b) Pretend not to see them
You feel frustrated while doing homework.	a) Keep trying with a good attitude b) Slam your pencil down
Your little brother is moving slow.	a) Hurry him and roll your eyes b) Help him and wait patiently

The fruit of the Spirit is **love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, self-control**